

# Helping minds, helping margins

Candesca  
Pharmacy Solutions

## How Rx Concierge reversed mental health pharmacy trend and saved clients millions



**Mental Health**  
Drug Class

Total 2024 savings  
**\$5.8 million**

Rx Concierge delivers broad, scalable savings by targeting commonly overlooked therapeutic areas. Our pharmacists recommend lower-cost, clinically effective alternatives directly to prescribers to improve affordability, adherence and outcomes.

In 2024, this approach led to over \$17 million in savings, with mental health medications accounting for more than 30% of that. These drugs treat conditions like bipolar disorder, schizophrenia, depression, ADHD and anxiety, which affect one in five U.S. adults.

Groups without Rx Concierge spent 12% more on mental health medications in 2024. While others faced a 9% rise in pharmacy costs, our clients saw a 3% decrease—true trend breaking performance.

In this case study, we're highlighting the measurable impact of Rx Concierge in the mental health drug class through **three key therapeutic areas: antipsychotics, ADHD medications, and antidepressants**—demonstrating value for brokers, employers, health plans and members alike.



# Antipsychotics

Antipsychotic medications are essential for treating serious mental conditions like schizophrenia and bipolar disorder. Because treatment is long-term and tailored to individual responses, high drug costs can challenge both patients and payors. Our pharmacists work directly with prescribers to recommend affordable, clinically equivalent, formulary-aligned treatments that support consistent therapy.

## Rx Concierge in action

1. We identified a member taking a brand-name, well-advertised antipsychotic medication with a high copay.
2. Our team reached out to the provider to notify them of lower cost alternatives for the member that treat the same condition, are just as clinically effective, and would save them money.
3. One of the recommended generic medications was filled the next month.

Total savings  
uncovered in 2024  
**\$2.1 million**

Lowered annual costs  
for one group in 2024 by  
**99%**

## Seamless implementation with no member disruption? We can.

Rx Concierge works with any PBM and fits within your existing benefit structure—no changes required. Our clinician-to-clinician model ensures prescribers remain in control, with 75% of recommendations accepted by engaged providers.



**\$11,100**  
Saved annually  
for the client

**\$300**

Saved annually  
for the member



# ADHD Medications

ADHD medications help people focus, stay organized and control their actions by balancing brain activity. Access has become difficult due to rising demand, strict manufacturing regulations, global supply chain issues and an increase in diagnoses during the COVID-19 pandemic. Our pharmacists constantly monitor stock and formulary changes to recommend affordable alternatives in real time.

## Rx Concierge in action

1. We identified a member taking Methylphenidate ER 72 mg tablets. A higher cost regimen compared to Methylphenidate ER 36 Mg Tablets (two tablets as one dose).
2. Our pharmacy team notified the provider of the lower cost alternative.
3. The provider sent a new prescription to the member's pharmacy the same day.

Total savings  
uncovered in 2024  
**\$1.9 million**

Lowered annual costs  
for one group in 2024 by  
**50%**

## Risk-free savings with guaranteed return on investment? We can.

With 99% of groups exceeding their return on investment guarantee, Rx Concierge delivers measurable value. Transparent, bi-annual reporting keeps you informed, and our 99% client retention rate speaks volumes.



**\$5,266**  
Saved annually  
for the client

**\$360**  
Saved annually  
for the member



# Antidepressants

Antidepressant medications effectively treat conditions like depression, anxiety and chronic pain by balancing brain chemicals that regulate mood. Consistent use improves quality of life, restores functioning, and prevents relapse. Our pharmacy team reviews high-cost regimens and recommends affordable, formulary aligned alternatives tailored to each member's clinical and coverage needs.

## Rx Concierge in action

1. We identified a member taking Bupropion XL 450 Mg Tablet Extended Release. A higher cost compared to Bupropion ER 150 Mg Tablet (three tablets as one dose).
2. Our pharmacist contacted the provider to notify them of the lower cost alternative but did not hear back. We continued to follow up with the provider's office and were able to have an in-depth conversation.
3. A new prescription was sent and filled by the member's pharmacy.

## Lower pharmacy costs with real clinical support? We can.

More companies are entering the market promising lower costs—but often without true clinical support. You need a pharmacy solutions partner that offers both. With Rx Concierge, clinical value and cost savings align. **We're the people who can.**



Total savings  
uncovered in 2024  
**\$1.6 million**



Lowered annual costs  
for one group in 2024 by  
**93%**

**\$3,356**  
Saved annually  
for the client

**\$720**  
Saved annually  
for the member

Request an ROI proposal today!  
[CandesRx.com](https://CandesRx.com) | [Info@CandesRx.com](mailto:Info@CandesRx.com)

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Results may vary based on formulary design. Past results do not guarantee future results.

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